

Good Day to you,

We have been closely monitoring the evolving COVID-19 pandemic. Although the risk for children remains low<sup>2</sup>, and the majority of people (80%) whom do contract the disease recover from the disease without needing special treatment<sup>3</sup>, we have decided, in the interest of the health of those Delawareans who **are** high risk, to cancel Beginner and Intermediate Swim Lessons tomorrow, Thursday, March 19, and Saturday, March 20, 2020.

Because of the uncertainty surrounding the upcoming course of events, we will be waiting to take action in regards to make-up lessons and refunds. Additionally, we will be making decisions on a day-to-day basis. Please be sure to continue to monitor your email for future lesson dates.

In the meantime, please be sure to have your children remain as active as possible. Exercise is a benefit to our immune systems.

Stay Well!

Diana

Helpful Links:

1 <https://dhss.delaware.gov/dhss/dph/epi/2019novelcoronavirus.html>

*The outbreaks in Asia, Europe and the Middle East are leading to fears of a global pandemic. While the U.S. recorded its first death in late February, the risk for people in Delaware and the rest of the country remains low at this time. The Centers for Disease Control and Prevention (CDC) has warned that Americans should brace for the likelihood that the virus will spread to the U.S.*

2 <https://www.cdc.gov/coronavirus/2019-ncov/prepare/children-faq.html>

*Based on available evidence, children do not appear to be at higher risk for COVID-19 than adults. While some children and infants have been sick with COVID-19, adults make up most of the known cases to date.*

3 <https://www.who.int/news-room/q-a-detail/q-a-coronaviruses>

*The most common symptoms of COVID-19 are fever, tiredness, and dry cough. Some patients may have aches and pains, nasal congestion, runny nose, sore throat or diarrhea. These symptoms are usually mild and begin gradually. Some people become infected but don't develop any symptoms and don't feel unwell. Most people (about 80%) recover from the disease without needing special treatment. Around 1 out of every 6 people who gets COVID-19 becomes seriously ill and develops difficulty breathing. Older people, and those with underlying medical problems like high blood pressure, heart problems or diabetes, are more likely to develop serious illness. People with fever, cough and difficulty breathing should seek medical attention.*